

## MEDSHIELD MEDICAL SCHEME

PO Box 4346 Randburg 2125

Physical Address: 5th - 7th Floor, 192 Bram Fischer Drive  
(Entrance Sneddon Street), Ferndale, Randburg 2196

Contact Centre Number 086 000 2120

[www.medshield.co.za](http://www.medshield.co.za)

An Authorised Financial Services Provider (FSP 51381)



**MEDSHIELD**  
medical scheme

## Media release 2026 Product Launch – 29 September 2025

### **MEDSHIELD LAUNCHES 2026 PRODUCT SUITE WITH A 7.5% WEIGHTED AVERAGE CONTRIBUTION INCREASE**

**JOHANNESBURG, 29 SEPTEMBER 2025 - Medshield Medical Scheme launched its benefit options and contributions for 2026, building on its Partner for Life offering with a strong member-centric theme of *Predict and Prevent*.**

**Medshield's annual benefit limits and member contribution increases remain prudent and consistent. The 2026 benefit offering is marked by new innovative benefit additions, increases in benefit limits, the removal and reduction of out-of-pocket expenses, and a lower-than-average contribution adjustment. The 2026 benefits balance affordability, improve members' access to quality healthcare and confirm Medshield's strong position as a viable and sustainable medical scheme, as evidenced by the latest upgraded AA with a stable outlook GCR rating.**

"Healthcare needs evolve as you progress through different stages of life, and understanding these changes is crucial for proactive and effective healthcare management. Besides supporting members and being the safety net for the unknown, we are also focussing on the importance of preventative healthcare. Through structured benefits, targeted education, and provider partnerships, we are ensuring that members have access to the kind of innovative healthcare that doesn't just treat illness, it helps avoid it altogether. Thus, predicting and preventing illness at every life stage," says Kevin Aron, Principal Officer of Medshield Medical Scheme.

None of us can choose every twist in the road; the choices we make for our health can shape the path. Despite their concern for their health, many people still wait for symptoms to appear before consulting a doctor. The reality is that by then, treatment becomes more complex, more expensive, and often involves longer-term interventions. Members are recognising that staying ahead of potential problems leads to better health outcomes and improved quality of life. In a healthcare environment where medical costs continue to rise, prediction and prevention are the best tools for staying healthy and keeping healthcare expenses under control.

"At Medshield, we know that safeguarding members' health is key to unlocking their future potential. That's why in 2026, Medshield has enhanced specific benefit limits on all options - refining our existing plans to serve your evolving needs better. Keeping the interests of our members in mind, we were also able to limit our average weighted contribution increase to **just 7.5%**, with 71.6% of Medshield's membership enjoying a **7% increase**," announces Aron.

Some of the examples of the new benefits that have been added to Medshield's 2026 benefit portfolio include:

- Embracing innovation, diabetes prevention has stepped up dramatically. **Diabetic retinal eye screening** offers members a vital solution for early detection and preventative care, whilst **Continuous Glucose Monitoring (CGM)** highlights proactive support in chronic care. Members up until the age of 18 now have access to continuous glucose monitoring to manage their diabetes with greater accuracy and ease. The Freestyle Libre system offers parents and caregivers real-time readings, instant alerts, and the peace of mind to act quickly and keep kids safe.
- Breast cancer is the most common cancer in women and access to more frequent mammograms gives members the advantage of earlier detection, prompt treatment and better outcomes. Medshield now covers **mammogram screenings every 12 months** once you **turn 30** on all options, because every year matters to predict and prevent possible breast cancer.
- From 2026, members can have an **eye test every year**, covered from risk. And the Scheme has substantially improved the annual limit for frames, lenses, or contacts, giving members more freedom of choice.
- As the world continues embracing technology to improve access to healthcare, Medshield members will enjoy additional **Virtual Care General Practitioner** benefits paid from risk across all options, in addition to the enhanced in-person GP consultation benefit.
- Our refined mental health benefit offers access to quality care, support and sustainable interventions that promotes long-term well-being.

"We are a stable organisation with a selection of affordable, member-centric benefit plans to cover members' individual needs as they navigate through life," states Aron. "This life-stage approach ensures that no matter where you are in your health journey, you have access to care that is relevant, age-appropriate, and timely. At Medshield we uphold transparency as a core value, ensuring that our members are consistently informed with clear, accurate, and accessible information – that is the Medshield difference.

"In 2026, we will continue providing the excellent benefit options and service that our members have come to expect and will support prediction and prevention to the benefit of our members. We know that not every health risk can be prevented – but many can be managed more effectively when identified early resulting in a better quality of life. Our focus remains simple: helping our members stay healthier, for longer - thereby ensuring that healthcare works better, not harder," concludes Aron.

**FIN**

---